

Parenting in a Digital World



Managing time online in this current climate is very difficult for everyone and can prove a hard balance to strike.





With time online increasing, it is arguably more important than ever to make sure the right safe guards for your family are in place.





These slides contain some advice offered last year on how to keep your child safe online. The resources section in particular shows many websites which can offer further advice on all of the areas covered.





As always, if you have concerns about your child's safety or well being, please get in touch with Mrs R Colbourn/Mrs J Cotton, Safe-guarding leads in school.





Isn't Tech
brilliant!







The full picture

STRANGER
! DANGER !



**Physical danger, sexual
exploitation and abuse**



Tips for Mindfulness.





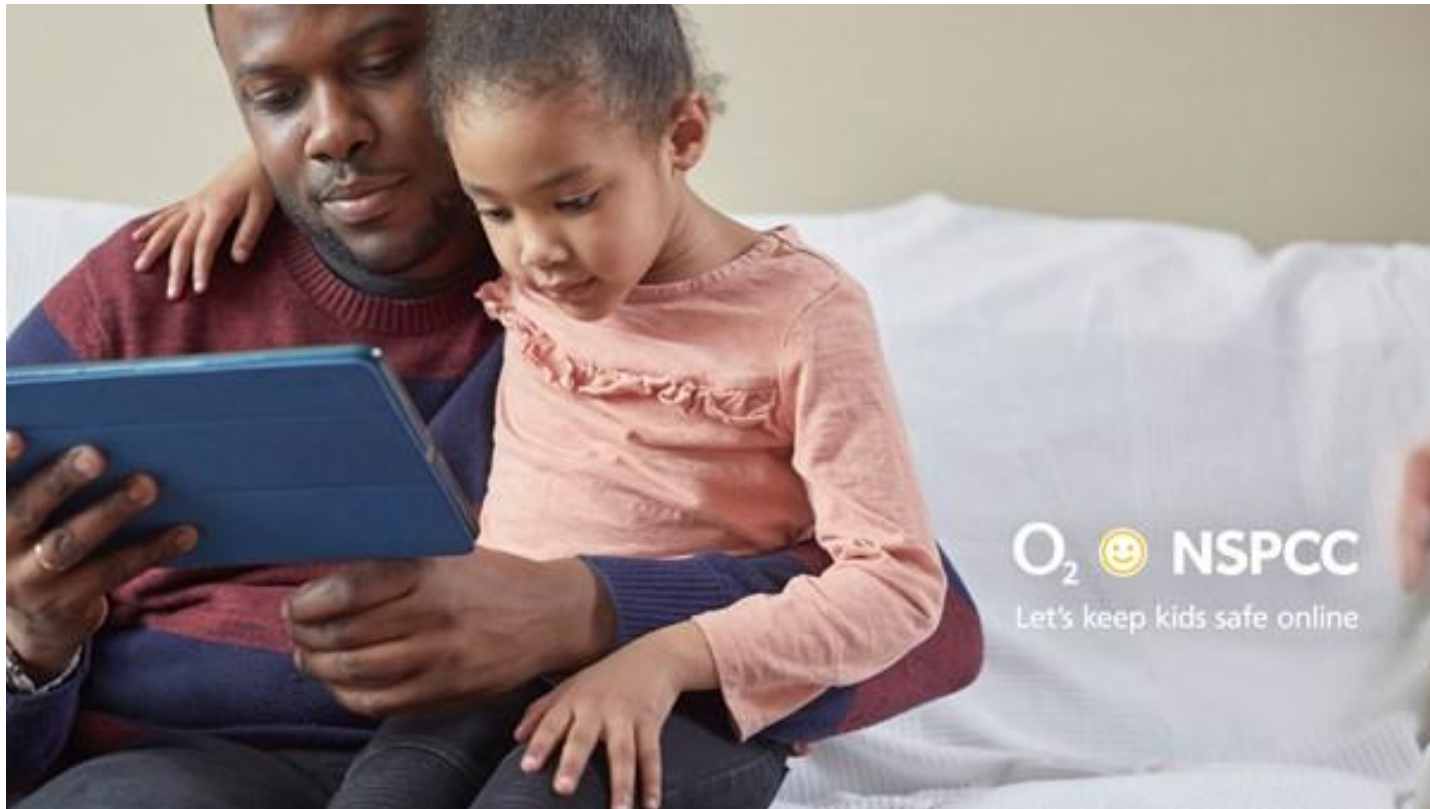
NSPCC

Create a family agreement





Parental Controls





Sleep





Device Free Dinner





Gaming.





Potential watch outs.

- Temper
- Aggression.





Potential watch outs.

- Withdrawn
- Anxiety





Damaging Content





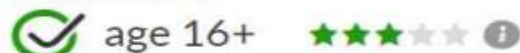
Review sites parents

Tik Tok - including musical.ly

App review by [Patricia Montic...](#), Common Sense Media



Common Sense says



Sing, lip-synch, and share videos; watch for iffy content.

iPhone, iPod Touch, iPad, Android | Free | Social Networking

Save | Rate app

[Sign in or join to save for later](#)

Parents say

age 14+



Based on [98 reviews](#)

Kids say

age 12+



Based on [182 reviews](#)

Get it now

Common Sense is a nonprofit organization. Your purchase helps us remain independent and ad-free.

LOT OR A LITTLE?

The parents' guide to what's in this app.

Ease of Play

not present
Violence

Sex

Language

Consumerism

Drinking, Drugs & Smoking

WHAT PARENTS NEED TO KNOW

Parents need to know that Tik Tok - including musical.ly is a social network for sharing user-generated music videos. Users can create and upload videos, remix others' work, or browse content created by other users and by famous recording artists. Users often livestream via [LiveMe](#) - [Live Video Chat](#), directly interacting with online audiences through chat. Because the app employs popular music, expect swearing and sexual content in the songs. Though the videos viewed during the



Gaming Review Sites for Parents



ROBLOX

ROBLOX Corporation

ROBLOX is a gaming hub populated primarily by user generated games. Only games listed in the featured section at the time of examination have been rated by PEGI. These games were created by the developers...

[WEBSITE](#)

System:

Xbox One

Release Date:

15/06/2016



Consumer advice

This was rated PEGI 7 for frequent scenes of mild violence and scenes which younger children may find frightening. It is not suitable for persons under 7 years of age.

- PEGI



National Online Safety



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Online
Safety®





National Online Safety

An infographic titled 'What parents need to know about FORTNITE CHAPTER 2'. The background features a child playing Fortnite on a PC, with a large 'FORTNITE' logo and 'CHAPTER 2' in a yellow box. The infographic is divided into six sections, each with a title, a paragraph of text, and a small illustration of a Fortnite item or character.

What parents need to know about FORTNITE CHAPTER 2

BATTLE ROYALE

Battle Royale games have become very popular over the last couple of years, and most tend to follow a very similar setup. Taking Fortnite as an example, 100 players drop into a map, loot buildings for weapons and armour and attempt to beat all the other players to be crowned victor at the end. If you've ever seen the Hunger Games movies, you'll have an idea of what this entails. Each game can take up to 20 minutes (assuming you last to the end) and can be restarted relatively quickly once 100 free players have been found.

IS FORTNITE ADDICTIVE?

Fortnite is at the forefront of gaming addiction discussions because it is so popular with young people. But whether it actually contributes to gaming addiction is up for debate. WHO (World Health Organisation) have classified gaming as a legitimate addiction, but this is not solely a concern with Fortnite. Signs of addiction can include irritability when not playing, lying about the amount of time played and a preoccupation with thoughts of the next gaming session. Realistically, it must be down to parents and carers to recognise these symptoms and act accordingly if they think they are developing.

FREE TO PLAY... OR IS IT?

While Fortnite is technically free to play (in that you can download and play it without paying) it does come with the caveat that spending money on things like skins and emotes in-game is heavily pushed to players. The currency used in-game is called 'V-Bucks' and can be bought with real money through the game's online store. It's worth remembering that these purchases are absolutely not necessary, are cosmetic only and that V-Bucks can be earned in-game with enough play time.

SEASONAL UPDATES

Every 10 weeks or so Fortnite is updated with a new season. This essentially adds new things like skins and emotes to the game, while also sometimes changing up the game map in interesting ways. These seasons are free to everybody and don't require additional money to play, though battle passes for each season can be bought with V-Bucks. A battle pass will typically allow a player to earn experience faster and gain fun in-game items by completing a host of daily challenges.

CROSSPLAY IS AVAILABLE

One of the wonderful things about Fortnite is that it can be played cross-platform. This means that no matter what platform a person plays on (PC, PlayStation 4, Xbox One etc) they can play with friends who own the game on a different platform. To do this, an Epic Games account must first be created online (which is free) and then linked with your platform account. Doing this removes the age-old boundary of not being able to play together because you don't have the same console and opens up a whole new world of playing online with friends.

IS FORTNITE VIOLENT?

Fortnite has been rated by the ESRB (Entertainment Software Ratings Board) as teen, as it contains cartoony violence and the weapons and acts depicted in the game are some way removed from their real life inspirations. Characters don't draw blood when shot and instead of dying, they are simply beamed up off the map. Naturally, players younger than the recommended age limit will want to play the game and that should be at the discretion of parents and carers.



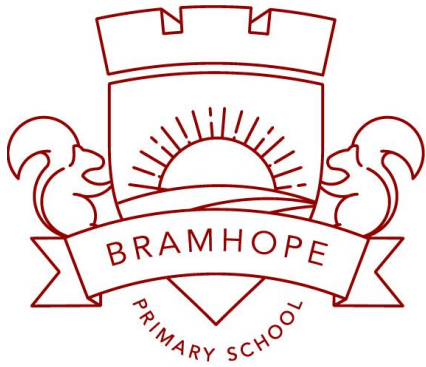
Other Gamers



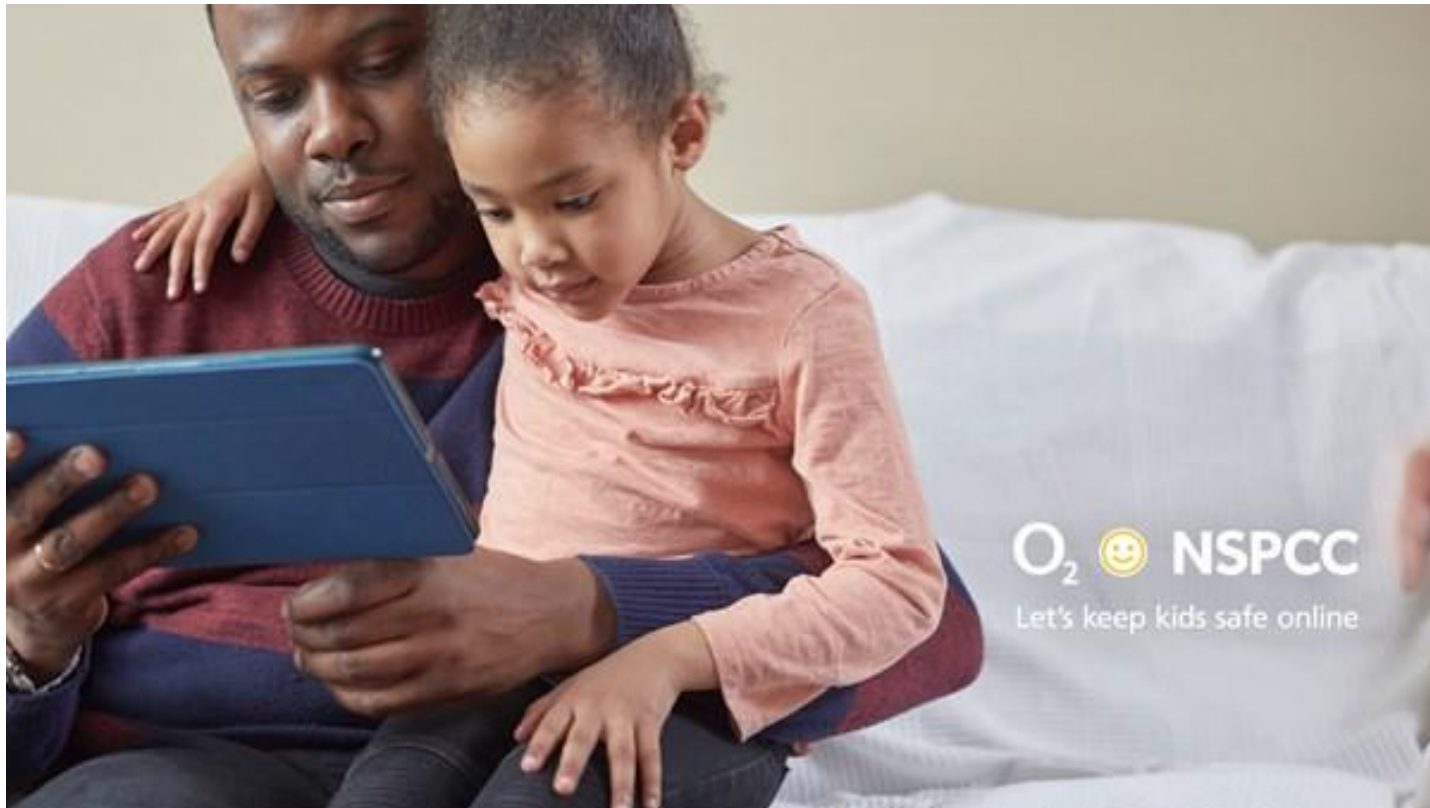


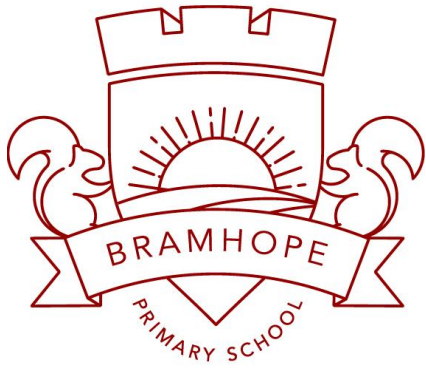
Gambling and advertising.





Solutions to help gaming challenges.





Social Media



You Tube



YouTube



Social Media -Sharing personal .





Privacy Settings





Social Media & Mobile Phones – Legal Restrictions

- .







Emotional Resilience





National Online Safety



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Online
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Snapshot is a photo sharing app for mobile phones and tablets. The app allows users to share images, videos and chat with friends through voice call or text message. Users can share images and videos directly to specific friends, or through a 'story' shared with their entire friend list, which documents the previous 24 hours. In a study, Snapchat was ranked the 4th most negative app in terms of having an impact on young people's health and wellbeing, with children feeling that they can use the app Snapchat to "make you look pretty."

Edit date: 29/05/19



What parents need to know about
SNAPCHAT





Set up

internet
matters.org

Set Up Safe

Helping parents keep their
children safe online.

internet
matters.org

We've designed a simple checklist to give
you peace of mind regarding your child's
safety on the internet.

Set your children's device up before you give it to them so
you know they're safe online as soon as they start playing.



Get started



Set parental controls on
your broadband to prevent
your children seeing things
they shouldn't.



For smart phones check
parental controls are
also set up on the
mobile network

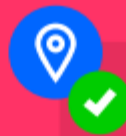
Set up the device safely



Use the device setting
so you can only download
age appropriate apps
and games



Set up password control
or disable in-app purchasing
so big bills are not run up
accidentally



Disable location services
so your child doesn't
unintentionally share
their location with others



Download age appropriate
apps you're happy for
your child to use



Resources.



Childnet
International

**internet
matters.org**



**National
Online
Safety®**

NSPCC



**common
sense
media**