

CHANCE TO SHINE WEEKLY SESSION: WEEK 6 - SKILFUL SCORER

INDIVIDUAL ACTIVITY



Play

LEARNING OUTCOMES:

Demonstrate effective ball-striking action including correct footwork and hand-eye co-ordination. Engage in competitive physical activities.

EQUIPMENT:

- Ball or alternative (eg. rolled up socks)
- Bat or alternative (eg. racquet, frying pan, broomstick)
- Batting tee (use a bottle top or toilet roll tube)
- Markers (any object will do!)



FIND THE GAP:

- Set up three scoring zones with markers, to hit through
- Strike the ball from the tee aiming to hit the ball through the scoring zone
- If it's too easy: make the scoring zones smaller or further away, or throw the ball in the air to hit a moving ball.

KEYS TO SUCCESS

- Watch the ball all the way through the shot
- Step towards the ball before striking it and create a strong, table base



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Spreading the power of cricket



@chance2shine



@chance_to_shine



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LET US KNOW HOW YOU GET ON! SHARE A VIDEO OF YOU COMPLETING
THE CHALLENGE ON OUR SOCIAL MEDIA CHANNELS!

CHANCE TO SHINE WEEKLY CHALLENGE:

WEEK 6 - SKILFUL SCORER

PARENT & CHILD ACTIVITY



LEARNING OUTCOMES:

Demonstrate effective ball-striking action including correct footwork and hand-eye co-ordination. Engage in competitive physical activities.

EQUIPMENT:

- Ball or alternative (eg. rolled up socks)
- Bat or alternative (eg. racquet, frying pan, broomstick)
- Markers (any object will do!)



PAIRS CHALLENGE:

- Set up 2 'planet' scoring zones with markers one behind the other.
- Batter throws the ball up and aims to strike ball through the scoring zone.
- Fielder must try to prevent the ball getting past the two scoring zones.
- The batter scores 1 point for the 1st planet and 4 for the 2nd.
- Fielder scores 5 pts for a clean catch.
- Have 6 attempts and swap over. See who gets the highest score

KEYS TO SUCCESS

- Hit through the line of the ball towards your intended target
- Try to strike the ball down and along the floor to avoid a catch.



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LET US KNOW HOW YOU GET ON! COMMENT BELOW WITH YOUR BEST SCORES AND WE'LL SEE IF YOU MAKE IT ON TO THE LEADERBOARD AT THE END OF THE WEEK!