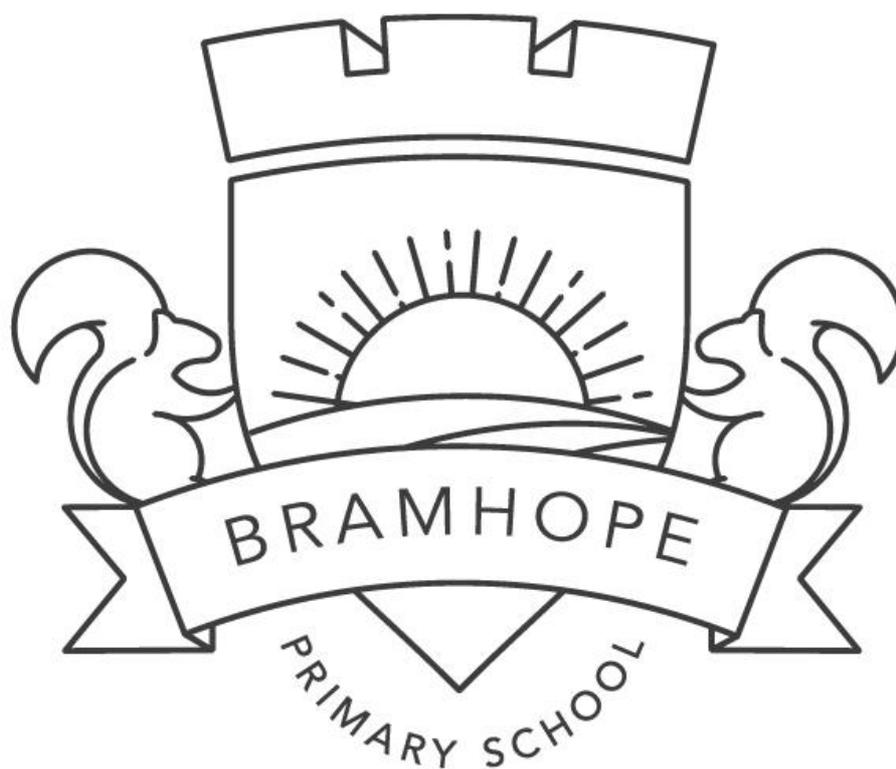


Curriculum Policy Document  
**Document Name: PSHE Policy**  
First Written Date: March 2019  
**Review Date: N/A**  
Reviewed By: All Staff  
Ratified By Full Governors Date:  
**Next Review Date: March 2020**  
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## Rationale

PSHE education is a subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in their future. These skills and attributes help pupils to stay healthy, safe and prepare them for life and work in modern Britain. PSHE education helps pupils to achieve their academic potential, and leave school equipped with skills they will need throughout later life.

At Bramhope, we aim to broaden children's understanding of diversity to develop an appreciation and acceptance of different beliefs, cultures, languages and lifestyles. We aim to ensure that children are able to explore their own sense of identity, whilst also gaining greater understanding of and respect for others. We develop children's communication skills by providing opportunities for discussion, debate and self expression. We encourage children to ask questions, to promote their curiosity and further their understanding. The key strands taught in PSHE education develop children's motivation, resilience, confidence, sense of responsibility for themselves and their ability to work with others.

## Organisation of Content

At Bramhope Primary we follow Islington Council's scheme of work entitled 'You, Me and PSHE' which covers 7 key strands across each academic year.

The topics covered are:

- Physical Health and Wellbeing
- Mental Health and Wellbeing (including mindfulness activities)
- Keeping Safe and Managing Risk
- Identity, Society and Equality
- Careers, Financial Capability and Economic Wellbeing
- Drug, Alcohol and Tobacco Education
- Sex and Relationship Education

Every half term a new topic is taught across the school showing clear progression of learning.

In Key Stage 1 pupils are taught:

- How to eat a balanced diet and how exercise contributes to a healthy lifestyle
- How our emotions can affect our behaviour and others around us, what it means to be a good friend and how to express our emotions
- What a hazard is (indoor and outdoor) and how this can be made safer and how to cross the road safely

- How everyone is unique, how to appreciate other's differences and what we have responsibility for
- How to earn money and how to store it safely
- Which household items can be a hazard and where medicines and cleaning products should be stored safely
- How boys and girls are different and how to tackle gender stereotypes

In Key Stage 2 pupils are taught:

- How to make our choices can impact on our lifestyle and how health is portrayed in the media
- How to recognise our strengths and challenges, how our feelings affect us and given opportunities for mindfulness activities
- What bullying is and how we can tackle this and how to stay safe when out and about
- Democracy, stereotypes, discrimination and prejudices
- Saving, spending, budgeting and how to borrow and earn money
- Tobacco education and things that influence us
- About the changes that occur in us as we grow up. Year 6 – Healthy relationships and how a baby is made

### **Assessment of content**

At Bramhope, assessment of PSHE is collected throughout lessons by questioning the children, recording their responses, observation of activities and collecting examples of work in class books.

In KS1 children complete reflection sheets at the end of each unit which allow them to summarise their learning, indicate how confident they feel with what they have learnt and also ask any further questions.

These provide a clear summary of the learning which has taken place and will be kept by the class teacher. There are also pre-topic assessments that can be used to track children's progress across each unit. Each year Bramhope pupils in Years 5 & 6 complete the My Health, My School survey which provides data which informs future planning.

### **Accountability**

PSHE is taught by class teachers across the school, establishing a safe space for discussions and questions to be asked. Each class has set clear ground rules to establish a happy and safe learning environment where children feel able to share their thoughts and concerns with the group. All classes follow the 'You, Me and PSHE' scheme of work which ensures consistency and progression across the year groups.

Standards are maintained through staff meetings, formative assessment, governor visits and links with the pastoral coordinators.

## **Teaching strategies employed**

- Communication: speaking and listening skills, justifying opinions, agreeing/disagreeing with others, sharing ideas and verbalising feelings
- Recording thoughts/ideas: thought shower, mind map, draw and write, storyboards
- Drama and performance: hot seating, role play, persona puppets, freeze frames
- Discussion points: concept cartoons, artefacts/objects, video clips
- Practical sessions: road safety training
- National Events recognised including Anti-bullying week
- Activities that promote active citizenship including school council and Bramhope in Bloom

## **Provision for all children**

With a range of teaching strategies utilized, PSHE enables all children to access the topics covered. Pre topic assessments, completed by pupils, allow for the learning to be adapted to ensure progress and an appropriate level of challenge. PSHE education is supplemented with visual resources, video clips, group discussion and talk prompts that support all learners.

## **Inclusion**

We have carefully considered and analysed the impact of this policy on equality and the possible implications for pupils with protected characteristics, as part of our commitment to meet the Public Sector Equality Duty (PSED) requirement to have due regard to the need to eliminate discrimination, advance equality of opportunity and foster good relations.

## **Health and Safety**

Road Safety – KS1 and KS2 complete practical road safety sessions with Leeds City Council which will have a clear risk assessment completed prior to the event.

Safeguarding – Planning overviews are marked with red flags which identify lessons which link directly to safeguarding. If a child makes a disclosure, staff should follow the disclosure procedure and inform the Child Protection Officers (the DSL - Head teacher and / or DDSL) and / or learning mentor