



Device Free Challenge

This half term, KS1 and KS2 children have been learning about mindfulness and looking at alternatives to screen time. On the weekend of the 8/9 February, we are challenging families to focus on family activities and reducing screen time by taking part in BPS's annual 'Device Free Challenge' weekend.

This year, the competition will be run between classes. Please enter by encouraging 'a device –free' weekend at home and sending in a photo of your child doing something instead of their usual screen-time. The winning class, will be awarded a non-uniform day on Tuesday 11 February 2020, which is Safer Internet Day.

Last year, The Wharfedale Observer ran a story on our school and will be running another article this year linked to the challenge. If any parents have any photos of their children doing activities linked to last year's challenge, that they would be happy to include in the paper please email in to computing@bramhopeprimaryschool.co.uk.

For information on how to set guidelines for online usage at home, please follow the link attached to our recent information evening on 'Growing Up in a digital world'.

Alternatively, the book published recently below has excellent advice on how to create screen time harmony at home.

