

Whole School Overview 2023 - 2024	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Relationships Who is special to us?	Relationships What is the same and different about us?	Health and Wellbeing What helps us stay healthy?	Living in the Wider World What can we do with money?	Health and Wellbeing Who helps to keep us safe?	Living in the Wider World How can we look after each other and the world?
Year 2	Relationships What makes a good friend?	Relationships What is a bully?	Living in the Wider World What jobs do people do?	Health and Wellbeing What helps us stay safe?	Health and Wellbeing What helps us grow and stay healthy?	Health and Wellbeing How do we recognise our feelings?
Year 3	Relationships How can we be a good friend?	Health and Wellbeing What keeps us safe?	Relationships What families look like?	Living in the Wider World What makes a community?	Health and Wellbeing Why should we eat well and look after our teeth?	Health and Wellbeing Why should we keep active and sleep well?
Year 4	Health and Wellbeing What Strengths, skills and interests do we have?	Health and Wellbeing How will we grow and change?	Relationships How do we treat each other with respect?	Health and Wellbeing How can we manage our feelings?	Living in the Wider World How can our choices make a difference to others and the environment?	Health and Wellbeing How can we manage risk in different places?
Year 5 / 6	Health and Wellbeing Looking after ourselves; growing up; becoming independent; taking more responsibility		Living in the Wider World Media literacy and digital resilience; influences and decision-making; online safety		Relationships Different relationships, changing and growing, adulthood, independence, moving to secondary school	