












| Whole School Overview 2025 - 2026 | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|--------------------------------------|--|---|--|--|---|--|
| Year 1 | Relationships Who is special to us?  | Relationships What is the same and different about us?  | Health and Wellbeing What helps us stay healthy? | Living in the Wider World What can we do with money? | Health and Wellbeing Who helps to keep us safe?  | Living in the Wider World How can we look after each other and the world? |
| Year 2 | Relationships What makes a good friend? | Relationships What is hurtful behaviour? | Living in the Wider World What jobs do people do?  | Health and Wellbeing What helps us stay safe? | Health and Wellbeing What helps us grow and stay healthy? | Health and Wellbeing How do we recognise our feelings? |
| Year 3 | Relationships How can we be a good friend? | Health and Wellbeing What keeps us safe? | Relationships What families look like?  | Living in the Wider World What makes a community?  | Health and Wellbeing Why should we eat well and look after our teeth? | Health and Wellbeing Why should we keep active and sleep well? |
| Year 4 | Health and Wellbeing What Strengths, skills and interests do we have? | Health and Wellbeing How can we manage our feelings? | Relationships How do we treat each other with respect?  | Health and Wellbeing How will we grow and change?  | Health and Wellbeing How can we manage risk in different places? | Living in the Wider World How can our choices make a difference to others and the environment? |
| Year 5 | Health and Wellbeing How can we help in an accident or emergency? | Living in the Wider World What decisions can people make with money? | Health and Wellbeing What makes up a person's identity?  | Relationships How can friends communicate safely? | Health and Wellbeing How can drugs common to everyday life affect health? | Living in the Wider World How is money used? |
| Year 6 | Health and Wellbeing How can we keep healthy as we grow? | | Living in the Wider World How can the media influence people?  | | Relationships Different relationships, changing and growing, adulthood, independence, moving to secondary school  | |

Lessons that have safeguarding or explicitly include protected characteristics 